

2023 GEORGIA COURT IMPROVEMENT INITIATIVE

August 3, 2023



Trust-Based Relational Intervention

AN OPPORTUNITY FOR A
TRAUMA-RESPONSIVE
LEGAL SYSTEM

About Us

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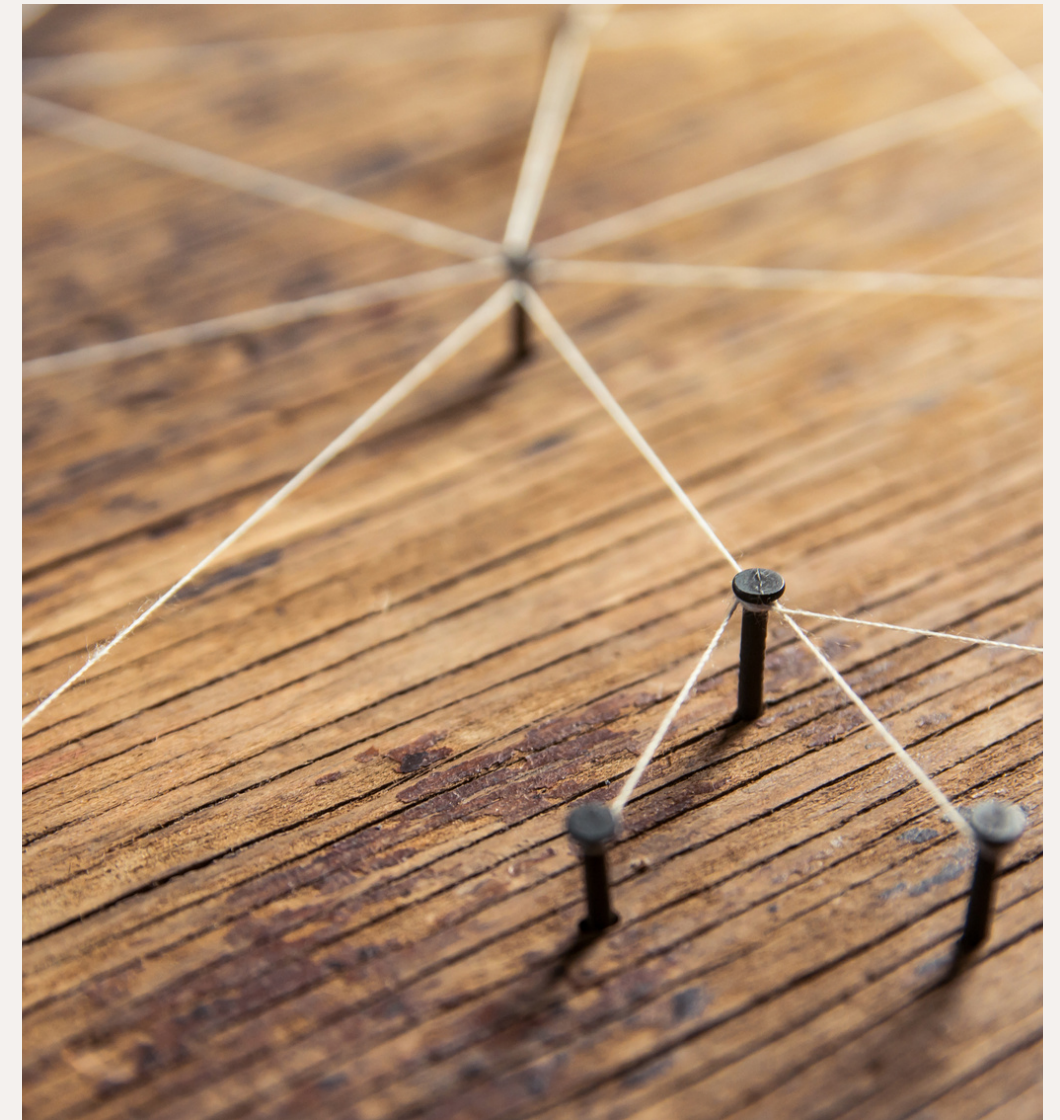
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The Need for a Trauma-Responsive Legal System

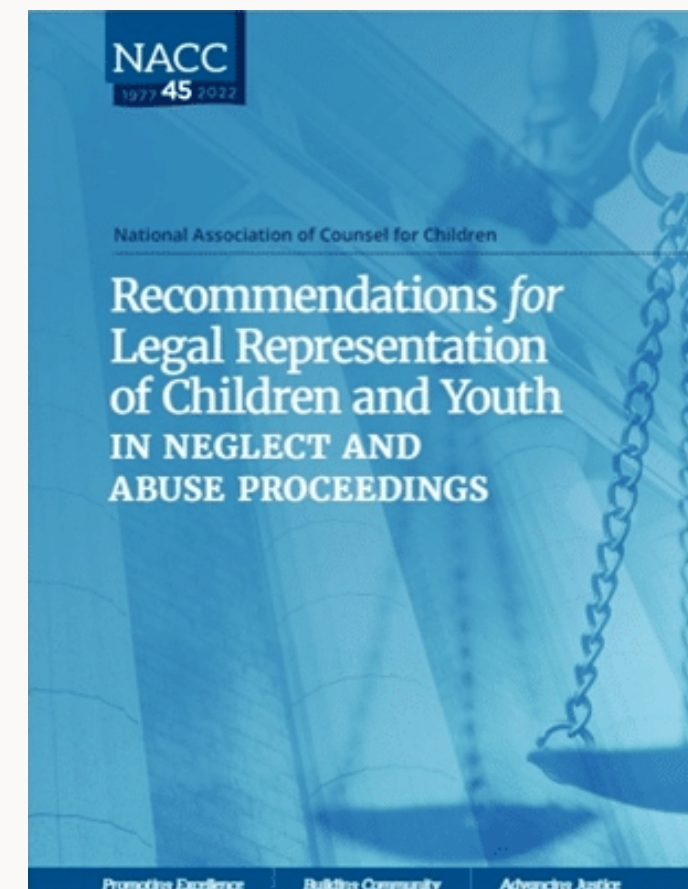
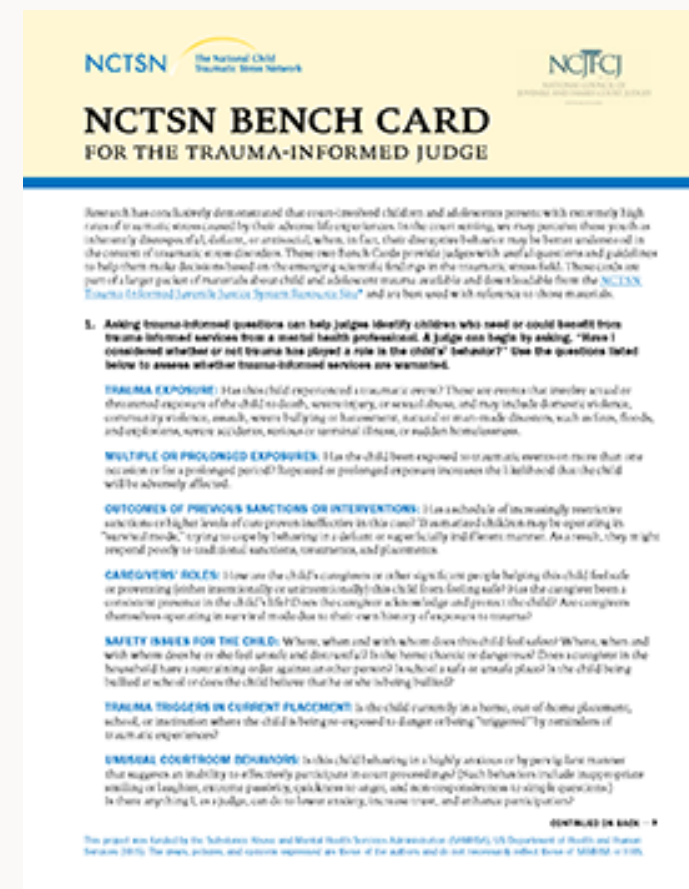
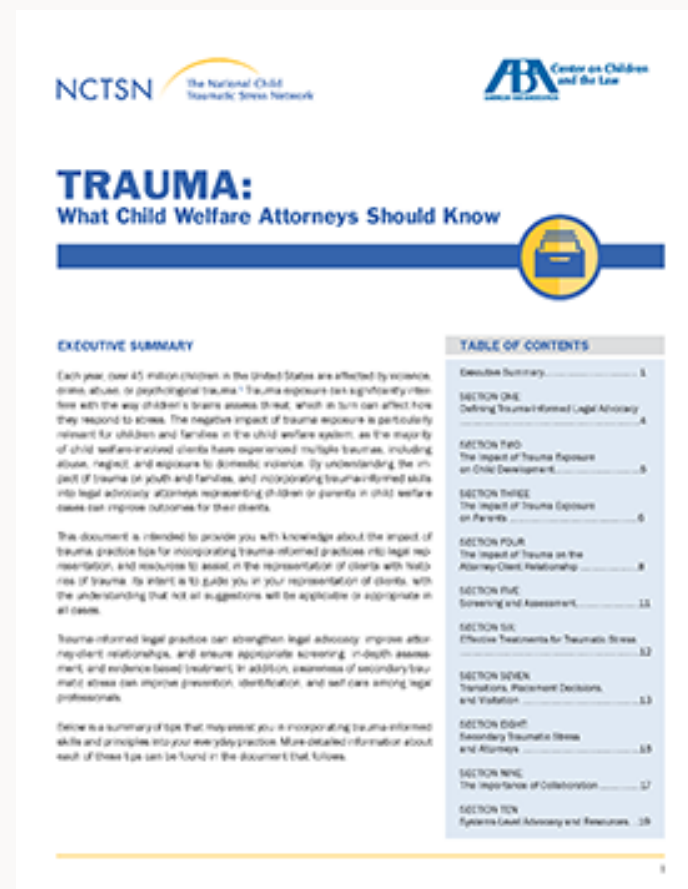
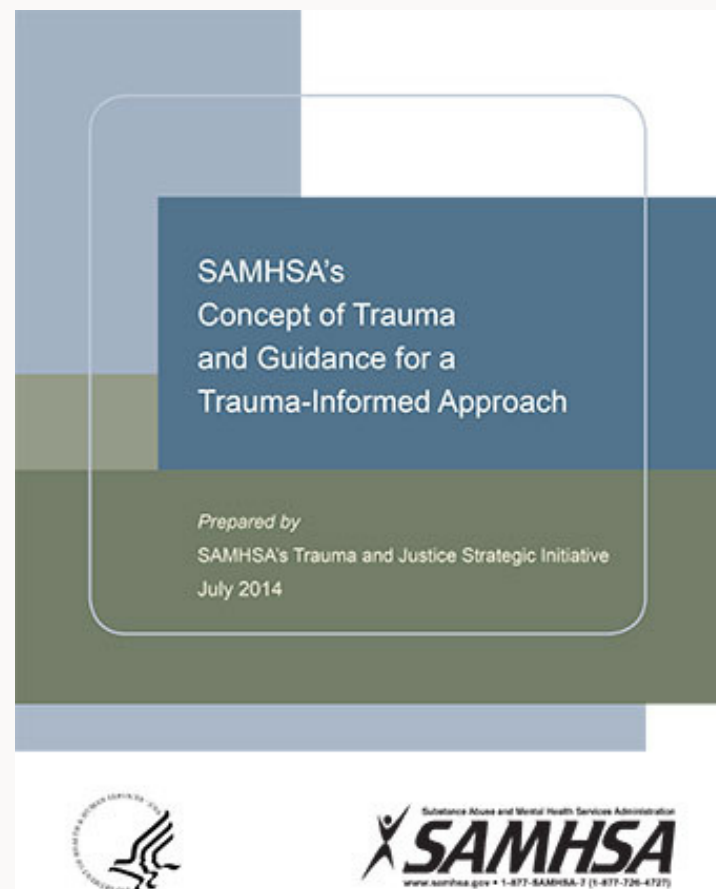
Judges and system stakeholders should have a shared understanding of trauma and how it affects the behavior of the youth and families involved in the system. They should also have the capacity to respond effectively to victims of trauma by creating a healing environment that promotes safety, agency, and meaningful social connections.

--National Council of Juvenile and Family Court Judges



Sources of Trauma-Informed Practice

Yeah, yeah. We've done this training before.





What are common behavioral responses to trauma?



How can you tell the difference between a behavior response to trauma and when a child or parent is being willfully defiant or refusing to listen?



Discussion

What are some examples of times you've seen behavioral responses to trauma in your work?



Discussion

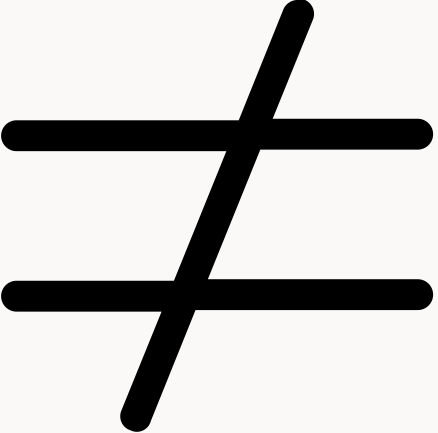
Using the examples you've shared, discuss what happened right before the behavior, the behavior itself, and what happened right after the behavior.

How did the legal and other court-based professionals respond to the behavior and what was the result?

Domains of Impairment in Children Exposed to Complex Trauma

Attachment and Relationships: <ul style="list-style-type: none">• Relationship problems with family members, adults, and peers• Problems with attachment and separation from caregivers• Problems with boundaries• Distrust and suspiciousness• Social isolation• Difficulty attuning to others and relating to other people's perspectives	Thinking & Learning: <ul style="list-style-type: none">• Difficulties with executive functioning and attention• Lack of sustained curiosity• Problems with information processing• Problems focusing on and completing tasks• Difficulties with planning and problem-solving• Learning difficulties• Problems with language development
Physical Health: Body & Brain: <ul style="list-style-type: none">• Sensorimotor developmental problems• Analgesia• Problems with coordination, balance, body tone• Somatization• Increased medical problems across a wide span• Developmental delays/regressive behaviors	Behavior: <ul style="list-style-type: none">• Difficulties with impulse control• Risk-taking behaviors (self-destructive behavior, aggression toward others, etc.)• Problems with externalizing behaviors• Sleep disturbances• Eating disturbances• Substance abuse• Oppositional behavior/difficulties complying with rules or respecting authority• Reenactment of trauma in behavior or play (e.g., sexual, aggressive)
Emotional Responses: <ul style="list-style-type: none">• Difficulty with emotional self-regulation• Difficulty labeling and expressing feelings• Problems knowing and describing internal states• Difficulty communicating wishes and needs• Internalizing symptoms such as anxiety, depression, etc.	Dissociation: <ul style="list-style-type: none">• Disconnection between thoughts, emotions and/or perceptions• Amnesia/loss of memory for traumatic experiences Memory lapses/loss of orientation to place or time• Depersonalization (sense of being detached from or "not in" one's body) and derealization (sense of world or experiences not being real)• Experiencing alterations or shifts in consciousness
Self-Concept & Future Orientation: <ul style="list-style-type: none">• Lack of a continuous, predictable sense of self• Poor sense of separateness• Disturbances of body image• Low self-esteem• Shame and guilt• Negative expectations for the future or foreshortened sense of future	

*The information above is adapted from Cook et al., 2005.

**TRAUMA -
INFORMED**  **TRAUMA -
RESPONSIVE**

What is Trust- Based Relational Intervention?

TBRI®



TBRI® Principles

Connecting

- Mindfulness
- Engagement



Empowering

- Ecological
- Physiological



Correcting

- Proactive
- Responsive



The heartbeat of TBRI®

is Connection.

DR. KARYN PURVIS

Where has TBRI® been implemented?

TBRI® is used worldwide in homes, residential facilities, group homes, schools, camps, juvenile justice facilities, courts, with survivors of sex trafficking, with law enforcement, CASA programs, and in clinical practices.

CHILD WELFARE SYSTEM IMPLEMENTATION

"... POSITIVE ATTITUDES TOWARD TRAUMA-INFORMED CARE INCREASED SIGNIFICANTLY, SUCH THAT CHILD WELFARE STAFF INDICATED THAT THEIR RESPONSE TO PROBLEM BEHAVIORS AND SYMPTOMS AND THEIR ATTITUDES REGARDING THE UNDERLYING CAUSES OF PROBLEM BEHAVIORS AND SYMPTOMS MOVED IN A DIRECTION CONSISTENT WITH TRAUMA-INFORMED CARE."

RACHEL D. CRAWLEY, ET AL., LESSONS FROM THE FIELD: IMPLEMENTING A TRUST-BASED RELATIONAL INTERVENTION (TBRI) PILOT PROGRAM IN A CHILD WELFARE SYSTEM, 15(3) J. OF PUB. CHILD WELFARE 275, [HTTPS://WWW.TANDFONLINE.COM/DOI/ABS/10.1080/15548732.2020.1717714?JOURNALCODE=WPCW20](https://www.tandfonline.com/doi/abs/10.1080/15548732.2020.1717714?journalcode=WPCW20) (2021).

Evidence-Based

TBRI® is an evidence-based, trauma-informed model of care for vulnerable children and youth with a theoretical foundation in attachment theory, developmental neuroscience, and developmental trauma. A brief summary of the evidence for TBRI® can be found below.

www.child.tcu.edu/research



Implementation Outcomes: DJJ Facility in Texas

- 83% decrease in youth grievances filed
- 93% decrease in suicide watches
- 31% decrease in physical restraints (accompanied by a decrease in duration)
- 45% increase in program completion

“Disciplinary seclusions” were replaced by “safety-based seclusions” — in effect, “disciplinary seclusions” dropped to zero.

Reduction in Outside Placements and Associated Costs

2014 - \$386,000

2019 - \$44,000

What can we do in Georgia?

The Karyn Purvis Institute for Child Development (KPICD) at TCU is prioritizing Georgia as an implementation site. More to come on system-wide implementation opportunities.

Brainstorming Session: How can we start now in our individual practices?

JUDGES



**CHILD
ATTORNEYS**



**PARENT
ATTORNEYS**



SAAGS





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